

# The Bentley Big Bash

How good? So good!

Learn more about exercise and nutrition!

Come and join the fun!

- ✓ Cricket (an actual team with games)
- ✓ Netball
- ✓ Basketball
- ✓ Talented Treaders (swimming)
- ✓ Bowling
- ✓ Tennis
- ✓ Mini Golf
- ✓ Golf
- ✓ Go to a 'real gym'
- ✓ Attend sporting events
- ✓ Obstacle courses
- ✓ Boot Camp
- ✓ Nutrition Education
- ✓ Grocery Shopping
- ✓ Make your own lunch
- ✓ Healthy Pathways
- ✓ Visits to local cafes and food outlets
- ✓ Loads more!

For an information pack and enquires:

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Disability Support and Respite

